## Why our Natural Thermal Waters are so beneficial?

Our thermal waters are of natural origin and have in their composition elements that develop therapeutic actions whose main objective is to improve the quality of life of our customers.

## Characteristics and therapeutic indications of our mineromedicinal waters

- TEMPERATURE: Mesothermal and hyperthermal (Sources of 41º to 81º)
- **COMPOSITION:** Sodium chloride, contain bicarbonate, sulphate, calcium, magnesium, lithium and potassium ions.
- MAIN IONS AND THEIR INDICATIONS:
  - SODIUM CHLORIDE: Help to purify the body
  - <u>CALCIUM BICARBONATE:</u> Indicated for dermopathies, rheumatic processes, neuralgia and gynecopathies.
  - **SULPHATE:** Affections of the digestive system
  - **MAGNESIUM:** Regulator of the neuromuscular system and activator of the enzymatic systems.
  - LITHIUM: Mood stabilizer, sedative.
  - <u>POTASSIUM:</u> Stimulation of diuresis and rebalancing action of the vegetative nervous system.